

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO			
7:30	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
8:15	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
9:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
10:15	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		10:00	CrossFit	O P E N B O X
11:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		11:00	CrossFit	
12:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		12:00	CrossFit	
12:45	CrossFit	CrossFit	CERRADO POR REUNION DE EQUIPO	CrossFit	CrossFit				
13:45	CrossFit	CrossFit		CrossFit	CrossFit				
14:30	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
15:15									
16:00	CrossFit	CrossFit	CrossFit	CrossFit					
16:45	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		O P		
17:30	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit		B O X		
18:15	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
19:00	CrossFit	CrossFit	CrossFit	CrossFit					
19:45	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
20:30	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit				
21:15	CrossFit	CrossFit	CrossFit	CrossFit					

Horario de mañana y media tarde de 9:00 a 18:10 + clase 21:15 y viernes 18:15



**C/ Dos Amigos, 3
654 279 187**